

## Balloon Volleyball



### How to play:

- Use a small rope to hang across the room or tape to tape across the floor.
- Players can sit in chairs or stand to play.
- Divide players into equal teams and it can be played with just two people.
- The first team/player serves the balloon by hitting it over the string/tape and the second team/player returns the balloon without letting it hit the ground. When a team fails to return the balloon the other team scores a point.
- The first team to score 10 points wins.

### Other balloon game options:

- Water Balloon Volleyball: can be played the same as above but outside on a nice day with balloons filled with water.
- Keep it up: Players will hit the balloon in the air as long as they can without letting it hit the ground. The last player with their balloon in the air is the winner.
- Balloon Tennis: Using paper plates and paddle pop sticks, create tennis racquets. Clear a large space, free of tripping hazards or breakables. Blow up a balloon and play a game of indoor tennis, hitting the balloon back and forth with the plate racquets.